- 0 I don't understand this competence or it is non-existent
- 1 Novice: I have a basic understanding of this competence
- 2 Advanced beginner: I can demonstrate this competence under supervision
- 3 Competent: I can demonstrate this competence independently
- 4 Proficient: I can supervise other people in this competence
- 5 Expert: I develop new ways of applying this competence

